**SPANISH FORK HIGH SCHOOL**

**Track Team Schedule 2024**

**Date Event Name/ Location Meet - Bus**

**Start Time**

Feb 22 Track Kickoff Meeting – Bldg C 3:00pm – no bus

Feb 27 First Track Practice 3:00pm – no bus

Feb 28 Parent Meeting 4:00pm – no bus

Feb 29 Spanish Fork Team Trials 3:00pm – no bus

**March 15 Skyhawk First Flight @ Salem Hills HS 3**:00pm – 1:30pm drop

March 18 Pole Vault Region Meet @ Salem 3:30pm – no bus

March 19 Region Meet @ SF (SH, W) 3:30pm – no bus

**March 22 Mountain Valley Invite @ Spanish Fork** 2:00pm – no bus

March 26 Region Meet @ SF All region teams 3:15pm – no bus

**March 29** **Juab Invitational @ Juab HS** 1:00pm – 11:15/9:00

April 1-5 Spring Break

**April 12-13 Utah County Invite@ Skyridge** Fri: 2:00pm – 12:30/9:00

Sat: 8:30am 7:00am/1:30

April 15 Pole Vault Region Meet @ Salem 3:30pm – no bus

April 16 Region Meet @ Timpview (SF, MM) 3:30pm – 2:00/8:00

**April 19 Skyhawk Invite @ Salem Hills** 3:00pm 1:45 drop

April 23 Region Meet @ Wasatch (SF, SPr, TV) 3:30pm – 12:00pm/9:00

**April 26 Nebo Invitational @ Maple Mtn** 2:00pm – 12:30 drop

April 29 Pole Vault Region Meet @ Salem 3:30pm

April 30 JV Region Meet @ Salem Hills 3:30pm 2:00 drop

**May 3-4 BYU Invitational @ BYU** Fri: 8:00am Suburbans

Sat 8:00am Suburbans

**May 8-9 Region Championships @ Maple Mtn** Wed 3:30pm – 2:00 drop

Thurs 3:30pm – 2:00 drop

**May 16, 18 State Championships @ BYU** Thurs 8:00am Suburbans

Sat 8:00am Suburbans

**Bolded** meets are state qualifiers

March 24, 2024

Schedule subject to change. Latest schedule posted on our team web site: https://sfhstrack.weebly.com