Congratulations!!! You have been selected by the Spanish Fork Cross Country coaches to attend our leadership and running camp in St George Utah. This camp is geared at bringing our team leaders together to begin to build momentum towards a championship level season in the fall. We will focus on team building, leadership, goal setting and running activities.

When: May 29th – 31st

Location: Coach Cable’s Condo in St George Utah (we have two condos: one for the girls and one for the boys)

Cost: $40 (payable to the SFHS Finance Office)

The cost will cover all food, lodging and activity costs. We will leave Monday at 7:00am and return on Wednesday early afternoon.

Please RSVP to Coach Cable 801-319-4268 by May 25th

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tshirt Size \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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